

Kimpton Seafire Resort + Spa
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Grand Cayman, Cayman Islands KY1-9008
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SPA at Seafire

Welcome to the Spa at Seafire, the pre-eminent destination for beauty and relaxation on the most prestigious and alluring island in the Caribbean. Personalization, where high touch meets luxury, defines the experience.

Treatments within contemporary architecture nestled amongst native gardens, picture-perfect beaches and striking Caribbean-blue waters await you at the Seafire Resort and Spa. Caymanian moments of pure holistic and natural joy are the Spa's gift to you.

Treatments designed around sophisticated, quiet elegance, privately orchestrated for maximum results while utilizing nature's most powerfully healing ingredients, are our secret restoratives for you.

Tantalizing all five senses are expert hands and precision skincare from masters with a passion for perfection utilizing the finest ingredients inspired by the island's famous old-growth forest and pristine reefs' hidden secrets. Leave behind the hurry that makes up each day with treatments created to indulge your every whim...with a knowing touch, island scents, calming sights and sounds, all to make you feel centered and refreshed.

Facial Treatments

Over thousands of millennia, the Cayman Islands have been forming and ingredients from this locale can be transformative to your skin as if the fountain of youth had been discovered. Inspired by this concept, the Spa at Seafire has developed exclusive treatment regimens to defy time and improve upon all aspects of your facial skin.

Sea Fan De-Age *sea inspired anti age treatment*

Restore and amplify your skin's natural glow with this ultimate de-age facial designed to impart a more youthful, luxuriant appearance. Pure white algae, white wine, white tea and copper peptides provide deep hydration and will visibly smooth fine lines and stimulate collagen replenishment, giving the skin a superior boost. **90 min**

Tea Immersion Beauty Facial *tea infused beautifying treatment*

Increasing tone and tightening, working from both external and internal therapies, the energies of a 4-tea elixir of fresh herbs, botanicals and the best of science and technology are incorporated into this intensive anti-aging treatment. An exclusive firming photo-collagen mask and a Japanese and Thai inspired massage using artisan tools will stimulate, firm and beautify the skin. **90 min**

HydraFacial Treatment *advanced technology, anti-age solutions*

Powerfully infused hydration to renew and regenerate skin back to an undamaged, clean, plumped and deliciously velvety appearance, the HydraFacial is a high-tech solution for multiple skin issues. The HydraFacial resurfacing procedure thoroughly cares for your skin, providing cleansing, exfoliation, extractions and hydration. Perfect to prepare your skin for a special event. Can be purchased in a series for continuous and ultimate age reducing results. **30 / 60 min / Series**

Vitamin Sea *classic facial*

Inspired from Caymanian reef extracts to replenish Mother Nature's healing balance of vitamins and minerals, rejuvenation and skin elasticity are the key goals of this treatment. An exquisite blend of vitamin C, olive leaf extract and marine minerals are combined with a customized mask and a relaxing facial massage; as you breathe in a tide-like rhythm, face, jaw and neck tensions release. A feeling of deep relaxation and heightened well-being flows in like the soothing tide. **60 min**

Pore Purification *deep cleansing*

Deep cleansing and restoring the natural properties of normalized and purified skin and improving appearance is the focus of this treatment. Pure, organic, marine-based minerals, micro nutrients, vitamins, fig enzymes and antioxidants offer multi-benefits to reduce oil, absorb impurities and help restore a healthy balance to your skin. **60 min**

Sun Rewind *post sun treatment*

Unreservedly turns back sun damage while keeping that desired sun-kissed glow. Hydration and nourishment are key to this exceptional skin-soothing treatment. Aloe vera, green tea and sea minerals are the perfect elixir to calm irritation, replenish lost nutrients and deliver a radiant all-over glow to sensitive or overly dehydrated skin. **60 min**

Added Luxuries and Special Effects *enhance your facial treatment*

Perk Lip or Eye *Gently exfoliates, deeply nourishes and boosts hydration on the lip or eye area.*

Perk Face *An antioxidant renewal serum infusion brightens and energizes your skin.*

Collagen Boost *Stimulates cell regeneration and boosts collagen production.*

Enzymatic Peel *A refreshing light peel brightens and lightens tired, dull skin.*

Red Light Therapy *LED technology naturally reduces fine lines and wrinkles.*

Warm Organic Soy Hand / Foot Wrap *Hydrate and soften dry, chapped hands and feet*

Body Treatments

The ritualistic care of your skin keeps it moist, dewy and youthful. The Spa at Seafire employs specific natural and time-tested ingredients coupled with current technologies to help reveal your absolute best skin. Turn back time with our body treatments only the Cayman Islands can offer. Welcome to our club...privately Seafire.

Purification Hammam Journey *warm detox treatment*

Detoxification begins with the welcome ritual of an oil blend containing basil, lemon, anise, mandarin and vitamin E to evoke the atmosphere of warm island aromas to relax and minimize stress. Your therapist applies a nourishing body cleanse with a traditional kessa mitt to moisten your skin and prepare it for an intense exfoliation of volcanic ash. This is followed by a soft creamy detox mud containing thermal water and marine silt for a profound mineralizing and purifying action while a traditional Turkish scalp massage with essential oils is applied to your crown to increase circulation and scalp relaxation. A cleansing removal of the mud transports you directly into a full body massage that incorporates a rich, emollient, aromatic lotion. **120 min**

Beauty Hammam Journey *decadent and beautifying treatment*

This decadent beauty ritual will transport you to far away exotic destinations where you will unwind in privacy while indulging in the radiant heat of the Hammam. A volcanic black soap cleanse rich in moisturizing olive oil and calming eucalyptus is followed by a dual exfoliation using a traditional kessa mitt for buffing and a soothing tea infused apricot oil bamboo scrub to prepare for a rhassoul clay masque envelopment. A signature massage using a black tea infused rich balm with hypnotic scents of ylang ylang and jasmine follows. Emerge radiant and renewed with this full body experience. **120 min**

Tranquility Meditative Ritual *grounding, centering and relaxing*

Restore equilibrium through a unique combination of sound, touch and aroma. A powerful ritual for calming the activity in your mind to achieve a genuine state of relaxation. This treatment uses an indulgent blend of calming aromatic textures ideal for relieving anxiety. Relax in a sensorial cocooning experience, release tension and oxygenate skin tissue while leaving the skin profoundly soft and hydrated. **90 min**

Cayman Coconut Body Scrub *polish and hydrate*

Locally sourced coconuts are incorporated in this ultra moisturizing and softening treatment for the body. Give your precious skin the nourishing and hydrating benefit of coconut oil before sun exposure, or to add a healthy glow before a special event! **60 min**

Lime Blossom Body Polish *buff and smooth*

Cleanse, detoxify and energize your body with a nutrient enriched body scrub of macadamia nut oil, lime blossom, and gentle crystals. Skin is smooth, nourished and senses revitalized. **60 min**

Ocean Cool Wrap *cooling and hydrating*

A gentle, refreshingly cool body envelopment that focuses on relieving excess heat and redness in the body while providing deep nourishment and hydration to the skin. A mask of marine algae, almond oil and nutritional compounds initiates rejuvenation and restores equilibrium helping the body return to its natural state. **60 min**

Back to Bronze *sunless tan*

Receive the benefit of a healthy, natural looking tan on your face and body without spending time in the sun! Sunless tanning gel and spray containing aloe, organic walnut oil, vitamin E and chamomile will be applied to nourish, hydrate and moisturize your skin. Get yourself beach ready with sun kissed glowing skin. **45 min**

Massage Treatments

Therapeutic ancient remedies to relax, relieve tension and heal your body are coupled with a Caribbean atmosphere to transport you into a blissful state. Choose a massage designed solely for you and indulge in our delicious tropical moments.

Reef Deep *deep tissue*

Alleviate muscle tension and muscular stress with this moderate to firm massage. This massage employs deep manipulation of strategic muscle groups to renew vitality and restore energy.

60 / 90 min

Sports Fan *sports therapy*

Whether your activity is golfing, fishing, hiking or swimming, this sports specific massage includes stretching, cross fiber friction and range of motion techniques and is designed to enhance athletic performance and recovery. **60 / 90 min**

Ocean Calm *relaxation*

Our skilled therapists soothe and relax the body and mind with a lighter touch massage utilizing traditional Swedish techniques. **60 / 90 min**

Aromatherapy *deep relaxation*

Utilizing traditional strokes, this massage uses the finest blend of organic Jojoba oil carefully blended with combinations of plant essences that impart specific benefits to your body as it enhances your senses; you choose... Calm, Uplift, Relief, Balance, Fortify, Detox. **60 / 90 min**

Prenatal *mom to be massage*

Mothers-to-be need nurturing. This relaxing therapy is designed to ease muscle discomfort, lower back ache and water retention. For your safety, guest must be past the first trimester. **60 min**

Reflexology *pressure point foot therapy*

Release toxins and tensions so the flow of energy throughout the body is re-established. Based on ancient healing rituals, this technique applies pressure that stimulates reflex points in the feet which correspond to the body's internal organs. **30 / 60 min**

Couples Massage *massage for two*

Private time together unwinding from an active schedule with dual massages is perfectly delivered in the comfort of one of our beautifully appointed Couples Suites. **60 / 90 min**

Added Luxuries and Special Effects *enhance your massage experience*

Quartz Sand Table *a quartz table of warm sand ergonomically positions and envelops the body to deeply relieve muscle, arthritic and joint pain. Facilitates a deeper sense of relaxation during any massage service.*

Warm Stone *smooth round basalt stones are gently heated and smoothed over the body, inducing deep relaxation and muscle relief.*

Salt Stone *warmed salt stones ground and balance the body's electromagnetic field, central nervous system and meridians and will gently soothe away stress and tension.*

Male Inspired Treatments

Boyish good looks are universally desired. Spa at Seafire has just the right attention to detail to transform his appearance using masculine skin treatments to wow all. This experience is just what a gentleman needs.

Men's Cayman Classic Facial *male inspired*

Designed especially for him, a deep facial cleanse and smoothing exfoliation followed by a customized treatment masque will purify, balance and rehydrate the skin. **60 min**

Total Skin Fitness Facial *express facial*

Designed for the active man who cares about putting his best face forward every day. This treatment is great for re-energizing skin post sun, boating, work-out or travel. **30 min**

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Ocean Calm *relaxation*

Our skilled therapists soothe and relax the body and mind with a lighter touch massage utilizing traditional Swedish techniques. **60 / 90 min**

Tension Reliever *neck and shoulders*

Relieves targeted stress and tension in the back, neck and shoulders. **30 min**

Ocean Cool Wrap Foot and Leg Reviver *energizing and invigorating*

Specifically designed to refresh, stimulate and revitalize your feet and legs. The synergistic balancing action of a cooling gel mask of ivy, caffeine and sweet almond oil and a volcanic ash scrub, coupled with a specialized nutritional mask provides an immediate lightness to heavy tired legs. **30 min**

Grooming Manicure / Pedicure *classic manicure and pedicure*

Tailored especially for him, this treatment is the perfect remedy to smooth, buff and groom the hands and feet. **Manicure 30 min / Pedicure 45 min**

Abbreviated Moments

short in time, none the less sumptuous...

Looking for a quick treatment with dramatic results so you can be on the go and explore all that Grand Cayman has to offer? An abbreviated moment is pure inspiration for that great tweak to your look just before you need to be seaside, yachting, lunching or enjoying life.

Refresher Facial *mini facial treatment*

Perfect for those pressed for time but wanting to relax and refresh. The treatment includes a facial cleansing, exfoliation, and a relaxing neck and shoulder massage. **30 min**

WOW Brow *lifting and toning brow perfector*

Achieve a gorgeous brow that wows before a night out with Cayman sophistication. After shaping, brows are treated with soft wave micro-current technology that improves eyebrow contour. The treatment finishes with a mask, moisturizer and a brow mousse to further help fill in and lift the brow...WOW! **30 min**

Beach Break *Caymanian nap*

One of the most important things we can do for our bodies is restful sleep, even just having a nap. Doze away Cayman style on our signature heated sand table. Assured to revive and energize the body and senses. **45 min**

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Salon at Seafire

Your crown is your hair. With our expertise that this environment demands, let us style you to perfection to suit the Caribbean sun and ocean breezes. We can set your look to match the sophistication of the moment while in our luxurious location.

Energetic hair treatments personalized by you. Choose your energy bouquet to enhance your state of mind and wellbeing.

Adventure *tropical fruit blend of neroli, mango, fig and coconut*

Balance *a soothing blend of cucumber, verbena, chamomile and vanilla*

Charisma *an invigorating blend of grapefruit, ginger, rose and bergamot*

Energetic Shampoo and Blow Out

Start with an invigorating shampoo designed to remove buildup and replenish nutrients with marula oil, argan oil and edelweiss flower. Finish with a luxurious blow out using a hair serum in a complementing energy bouquet for a shiny, healthy, silky look and feel not just for your hair but for your state of mind.

Energetic Conditioning Hair Mask

Extremely hydrating mango butter, marula and argan oil-rich formula with an added customized energy bouquet conditions while dramatically improving hair's texture, elasticity and shine. Relax in the quantum power of pure flower essences while your hair is replenished with essential nutrients. **30 min**

Hydrating Scalp Treatment

Deeply nourishing 100% pure argan oil is combined with a customized energy bouquet of plants, flowers and herbs that exfoliates the scalp and promotes healthier hair growth. It is combined with a scalp massage to release mental tension and restore serenity. **30 min**

Make-Up and Waxing

Our featured make-up draws from nature to meld your skin's own tone with cosmetics to produce a sensational outcome. This inspiration from nature marries perfectly with Seafire's own philosophy. Experience your best self with cosmetics that defy time and look flawless.

Make-Up Lesson with Application

Our gifted artists share specialized techniques to update your look, choose a personalized color palette suited just for you, and then apply your selections to send you off looking your prettiest.

90 min

Special Occasion Make-Up

Be beautiful for a date night, wedding, girls' night out or a legendary night out Caymanian style! Sure to dazzle the paparazzi. **60 min**

For Your Eyes Only

Our talented artists create the desired look for just the perfect eye from a natural, soft, day look to a dramatic, smoky evening look. Imagine the possibilities. **30 min**

Waxing

We use the finest in low-reactive waxes for perfect results.

Brow	Bikini Line
Lip	Full Leg
Chin	Half Leg
Full Face	Full Arm
Back	Half Arm
Chest	Under Arm

Manicures and Pedicures

Gorgeous nails, hands and feet are a must for those fabulous sandals and jewelry. Improve and polish your look 'island-style.'

Manicure and Pedicure Custom Blend Mix Station

Featuring our customized signature aroma-scents...Cayman Cool, Seafire Signature, Island Flora, Beach Breeze.

Design and create your own exfoliating Body Scrub or Whipped Body Crème using all natural, vitamin-rich grapeseed oil-based ingredients and high quality aroma oils for the ultimate handcrafted body product. A choice of four aromas, all created for Spa at Seafire, are offered in each Blend Bar Manicure and Pedicure.

Blend Bar Manicure

This spa inspired treatment begins with your choice of a signature aroma blend selection and booster enhanced serum. A soft exfoliation, detoxifying kaolin clay mud wrap and decadent whipped body crème massage creates the true essence of luxury skin pampering. Take home a free gift of Whipped Body Crème, compliments of Spa at Seafire. **60 min**

Blend Bar Pedicure

This spa inspired treatment begins with your choice of a signature aroma blend selection and booster enhanced serum. A cleansing aroma salt soak is followed by a smoothing exfoliation, deep cleansing kaolin clay mud wrap, whipped body crème massage and a fire and ice menthol spot massage that ensures total relaxation. Take home a free gift of Whipped Body Crème, compliments of Spa at Seafire. **60 min**

You choose your booster...one included with your Blend Bar treatment

Moisturizing *hyaluronic acid gives an extra boost of hydration*

Anti-Inflammatory *maqui berry oil helps to improve circulation*

Anti-Aging *lactic acid smooths and brightens the skin*

Refresher Manicure or Pedicure

A swift route to ultimate beauty, this treatment includes cuticle care, exfoliation and polish. It's perfect for those short on time but wanting total nail care. **Manicure 35 min / Pedicure 45 min**

Buff and Polish

Polish Change *hands / feet*

French Polish *hands / feet*

Shellac Application *hands*

Shellac Removal

Warm Organic Soy *hand / foot wrap*

SPA at Seafire Experience

What to Wear

Spa guests having services are provided with a robe and slippers for added comfort and a locker for personal belongings. Please do not bring jewelry or valuables. Spa at Seafire assumes no liability for personal items.

Appropriate Arrival Time

Please arrive at least 30 minutes prior to treatments to allow ample time to register at Spa Reception, unwind in our steam room and relax in our relaxation lounge.

Late Arrival Time - Spa Cancellation Policy

If a late arrival is unavoidable, please notify Spa Reception as soon as possible, so we can try to adjust your treatment time. Please be advised if we are unable to adjust your itinerary, we must still complete your treatment by the designated end-time in order to accommodate the next guest. Should you need to cancel or reschedule, we kindly ask that you notify us 8 hours in advance in order to avoid a charge for the full value of your scheduled treatments. All no show appointments will be charged for the full value of your scheduled treatments. For groups of five or more, notice of 72 hours is required for changes and/or cancellations.

Age Requirement

The minimum age to experience the services at the Spa at Seafire are as follows: 16 years old for facials, waxing and nail services; 18 years old for massage. Any child that is under these minimum age requirement and not below 14 years old to experience the services at the Spa is at the discretion of the Spa Management as long as his or her parent or guardian is present in the room.

Prenatal Massage

Massage therapy is not recommended if you are in your first trimester of pregnancy. Due to the risks involved, we are unable to perform this service.

Gratuity

For your convenience, a 20% gratuity will be added to all Spa and Salon services.

The Spa Retail Boutique

Featuring the skin and body care products that are used during your spa treatments, our spa collection is available for purchase for homecare use. Also featured is a beautiful range of bath, aromatherapy, home ambiance products and jewelry.

Spa Treatment Reservations

Call 345-746-4040, a credit card is required to hold your reservation. If you have any preferences, about room temperature, music choice or the level of massage pressure, please communicate them when securing your reservations or with your therapist, so we can make your time with us a personal and comfortable experience.

Group Reservations and Events

Contact our Spa reception at 345-746-4040 to schedule groups over five persons.

Gift Cards

The perfect gift for any occasion, a Spa at Seafire gift card is available in denominations of \$50.

Relax and Enjoy

We wish to provide you with the most relaxing and unique experience. All treatments come with full use of steam room, relaxation lounge and access to the garden patio.

In Suite Spa Treatments and Cabana Massage Treatments

We offer spa treatments in the privacy of your guest suite and massage treatments in an out door cabana. To make a reservation, please contact our Spa reception desk.

