

MAY AT KIMPTON SEAFIRE RESORT + SPA

FRIDAY, APRIL 30

8:15 AM Power Yoga

Morning oceanfront yoga session with Kiristen Cousins.
Location: Beach Deck

9:30 AM BeachFit Babies

Location: Beach Deck

5:45 PM Flow Yoga with Bliss Studio

Location: Beach Deck

6:30 PM Movie Under The Stars

Enjoy a family movie with complimentary popcorn.
Location: Pool Lawn

SATURDAY, MAY 1

8:00 AM Beach Fit

Location: Beach Deck

9:00 AM Flow Yoga

Location: Beach Deck

10:00 AM Hair braiding + Temporary Tattoos

Location: Seabridge Lawn

1:00 PM Sand Sculpture Class + Competition

Location: Seabridge Lawn

1 PM-6 PM DJ, Floaties and Cocktails

Relax poolside and soak in the live music with a cocktail in hand.
Location: Pool at Seafire

SUNDAY, MAY 2

8 AM Flow Yoga

Morning oceanfront yoga session with Kiristen Cousins.
Location: Beach Deck

9:30 AM SUP Yoga

Enjoy a Paddle Board Yoga class with Kiristen Cousins.
Location: Beach at Seafire

9:30 AM Beach Fit

Location: Beach Deck



10:00 AM Shell Necklace
Location: Seabridge Lawn

1:00 PM Bracelet Making
Location: Seabridge Lawn

FRIDAY, MAY 7

8:15 AM Power Yoga
Morning oceanfront yoga session with Kiristen Cousins.
Location: Beach Deck

9:30 AM BeachFit Babies
Location: Beach Deck

5:45 PM Flow Yoga with Bliss Studio
Location: Beach Deck

6:30 PM Movie Under The Stars
Enjoy a family movie with complimentary popcorn and gelato.
Location: Pool Lawn

SATURDAY, MAY 8

8:00 AM Beach Fit
Location: Beach Deck

9:00 AM Flow Yoga
Location: Beach Deck

10:00 AM Hair Braiding + Temporary Tattoos
Location: Seabridge Lawn

1:00 PM Mother's Day Card Making
Location: Seabridge Lawn

1:00 PM – 6:00 PM DJ, Floaties and Cocktails
Relax poolside and soak in the live music with a cocktail in hand.
Location: Pool at Seafire

SUNDAY, MAY 9

8 AM Flow Yoga
Morning oceanfront yoga session with Kiristen Cousins
Location: Beach Deck

9:00 AM Mother's Day Sand Sculpture
Location: Seabridge Lawn



9:30 AM SUP Yoga

Enjoy a Paddle Board Yoga class with Kiristen Cousins.

Location: Beach at Seafire

9:30 AM Beach Fit

Location: Beach Deck

1:00 PM Sand Sculpture class and competition

Location: Seabridge Lawn

FRIDAY, MAY 14

8:15 AM Power Yoga

Morning oceanfront yoga session with Kiristen Cousins.

Location: Beach Deck

9:30 AM BeachFit Babies

Location: Beach Deck

5:45 PM Flow Yoga with Bliss Studio

Location: Beach Deck

6:30 PM Movie Under The Stars

Enjoy a family movie with complimentary popcorn.

Location: Pool Lawn



SATURDAY, MAY 15

8:00 AM Beach Fit

Location: Beach Deck

9:00 AM Flow Yoga

Location: Beach Deck

10:00 AM Hair Braiding and Tattoos

Location: Seabridge Lawn

1:00 PM Sand Sculpture class and competition

Location: Seafire Beach

3pm- Balloon Art

Location: Seabridge lawn

1 PM-6 PM DJ, Floaties and Cocktails

Relax poolside and soak in the live music with a cocktail in hand.

Location: Pool at Seafire



SUNDAY, MAY 16

8 AM Flow Yoga

Morning oceanfront yoga session with Kiristen Cousins.
Location: Beach Deck

9:30 AM SUP Yoga

Enjoy a Paddle Board Yoga class with Kiristen Cousins.
Location: Beach at Seafire

9:30 AM Beach Fit

Location: Beach Deck

10:00 AM Shell Necklace

Location: Seabridge Lawn

11:00 AM Kids SUP

Location: Seafire Beach

1:00PM Bracelet Making

Location: Seabridge Lawn

MONDAY, MAY 17

10:00 AM Painting Class- Cayman Islands Map

Location: Seabridge Lawn

1:00 PM Puka Shell Bracelet

Location: Seabridge Lawn

4:00 PM Beachfit Babies

Location: Beach Deck

5:45 PM Yoga Sculpt

Location: Beach Deck

FRIDAY, MAY 21

8:15 AM Power Yoga

Location: Beach Deck

9:30 AM BeachFit Babies

Location: Beach Deck

5:45 PM Flow Yoga with Bliss Studio

Location: Beach Deck

6:30 PM Movie Under The Stars

Enjoy a family movie with complimentary popcorn and gelato.
Location: Pool Lawn



SATURDAY, MAY 22

8:00 AM Beach Fit

Location: Beach Deck

9:00 AM Flow Yoga

Location: Beach Deck

10:00 AM Bracelet Making Location:
Seabridge Lawn

1:00 PM DIY Bath Bombs

Location: Seabridge Lawn

1:00 PM- 6PM Disco Fever Pool Party!

Location: Seafire Pool Deck

SUNDAY, MAY 23

8 AM Flow Yoga

Morning oceanfront yoga session with Kiristen Cousins.

Location: Beach Deck

9:30 AM SUP Yoga

Enjoy a Paddle Board Yoga class with Kiristen Cousins.

Location: Beach at Seafire

9:30 AM Beach Fit

Location: Beach Deck

10:00 AM Canvas Painting

Location: Seabridge Lawn

FRIDAY, MAY 28

8:15 AM Power Yoga

Location: Beach Deck

9:30 AM BeachFit Babies

Location: Beach Deck

5:45 PM Flow Yoga with Bliss Studio

Location: Beach Deck

6:30 PM Movie Under The Stars

Enjoy a family movie with complimentary popcorn and gelato.

Location: Pool Lawn





SATURDAY, MAY 29

8:00 AM Beach Fit

Location: Beach Deck

9:00 AM Flow Yoga

Location: Beach Deck

10:00 AM Bracelet Making

Location: Seabridge Lawn

1:00 PM DIY Bath Bombs

Location: Seabridge Lawn

1 PM-6 PM DJ, Floaties and Cocktails

Relax poolside and soak in the live music with a cocktail in hand.

Location: Pool at Seafire

SUNDAY, MAY 30

8 AM Flow Yoga

Morning oceanfront yoga session with Kiristen Cousins.

Location: Beach Deck

9:30 AM SUP Yoga

Enjoy a Paddle Board Yoga class with Kiristen Cousins.

Location: Beach at Seafire

9:30 AM Beach Fit

Location: Beach Deck

10:00 AM Canvas Painting

Location: Seabridge Lawn

