



SPA

AT SEAFIRE

TREATMENT MENU

Welcome to SPA at Seafire, the pre-eminent destination for natural beauty and holistic wellness on the most beautiful and alluring island of the Caribbean. The tranquil, pristine healing waters and idyllic setting of the Cayman Islands are the inspiration behind SPA at Seafire, a refuge for serenity and earthly balance. We invite you to explore a wide variety of unique spa treatments in an ultra-relaxing island oasis setting. Specially curated holistic wellness experiences performed by spa professionals from around the world will combine a knowing touch with organic products to harmonize your mind, body, and spirit.

## SPA AT SEAFIRE EXPERIENCE

Welcome to the SPA at Seafire! To achieve optimal results and to maximize therapeutic benefits from your spa treatments, we recommend that you arrive at least 60 minutes early to enjoy the spa amenities. In consideration of all guests, all spa appointments will begin and end at the scheduled time.

## WHAT TO WEAR

All spa guests receiving a spa service will be provided with a locker for their personal belongings and provided with a robe and slippers to wear in the Spa. A swimsuit is required for use of the vitality pool. The SPA at Seafire assumes no liability for any lost, stolen or misplaced personal items.

## DIGITAL DETOXING AND COURTESY

To enhance your experience we recommend you leave your electronic devices in your room or stored away safely in your locker. Not only will this enhance your moment of relaxation but will also create a more mindful and meaningful spa experience and a sense of privacy for other guests. Phone conversations in our public spaces are discouraged and photography is prohibited.

A wide-angle photograph of a sunset over a beach. The sky is filled with dramatic, layered clouds in shades of orange, red, and pink. The sun is low on the horizon, creating a bright glow. The ocean waves are visible in the middle ground, and the wet sand of the beach reflects the colors of the sky. In the lower-left foreground, a single bird is walking on the sand, leaving a trail of ripples.

SEAFIRE SIGNATURE  
EXPERIENCES

## **SEAFIRE SIGNATURE EXPERIENCES**

All of our Seafire Signature Experiences include an exfoliating and detoxifying treatment and are paired with a full body massage, offering an experience that includes holistic benefits and feels complete. All Experiences are 90 minutes.

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### **The Seafire Voyage Massage Journey**

A complete top to toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage that replicates the movement of the sea combining both gentle and stimulating movements. The ultimate luxury treatment to relieve aches and pains tailored to individual needs. Includes your choice of oil to personalize your experience and a dry brushing to stimulate circulation.

### **Salt Stone Detoxifying Massage**

Boost your body's natural immunity with lymphatic brushing and full body massage. Circulation enhancing and inflammation reducing body brushing with a pure Himalayan Pink Salt body tool will stimulate your lymphatic system and promote detoxification. Your full body massage offers intense hydration and the salt tool is yours to take home and continue this effective wellness practice.

### **Caymanian Coffee Body Rejuvenator**

Begin with an enlivening full-body exfoliation with hand-blended concoction of locally roasted coffee and sea salt. Complete this treatment with a vitalizing personalized massage using unrefined organic coconut oils that will leave you feeling fresh and hydrated like never before.

### **Warming Herbal Poultice Massage**

Warmed steamed poultices of orange, clove, ginger and seaweed oils are massaged into the body releasing precious seaweed oils that gently exfoliate and nourish your skin. The deep heat of the poultice penetrates muscle tissue, offering deep relaxation, leaving you pain-free and balanced.



BODY  
MASSAGES

## **BODY MESSAGES**

Efficient yet fulfilling massages that ensure you feel completely nurtured from head to toe. All treatments are 60 minutes.

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### **Seafire Voyage Massage**

A body massage that replicates the movement of the sea combining both gentle and stimulating movements. The ultimate luxury treatment to relieve aches and pains tailored to individual needs. Includes a selection of oil to personalize your experience.

### **Biodynamic Body Polishing Massage**

A gentle exfoliating massage of sugar, salt and rich shea butter to buff your skin to perfection. Drift away in the warmth of herbal compresses and a soothing application oil infused with Biodynamic® flower essences imparts a delicate cashmere feel leaving your body to feel supple and anew.

### **Salt Stone Massage**

A deeply relaxing massage. The specialized use of warm crystalline salt stones will re-mineralize depleted cells, soothe away physical tension, and balance your central nervous system. A rare, seaweed-infused body oil delivers marine hydration that softens and nurtures the skin.

### **Cayman Couple's Retreat**

A unifying experience for two will bring you together with side-by-side massages in our Couples Massage Suite. Select from any of our body massage services performed simultaneously, the added luxury of warm pink salt stones brings instant relaxation and muscular relief to tension areas. A signature harmonizing ritual concludes the treatment to align your energies and strengthen your bond. 90 minute treatment also available.



AFTER SUN  
SOOTHERS



## **AFTER SUN SOOTHERS**

When you've over done the sun and need a little relaxing hydration. All treatments are 60 minutes.

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### **Mineralizing Anti Inflammatory Mud Wrap**

The seaweed is taken fresh from the ocean and its purifying elements are released from this rich mud. The extract is rich in potent anti-oxidants and minerals. This wrap offers immediate and noticeable effects to the skin, including cooling and firming the body. This is a powerful detoxifier, metabolism stimulator and a natural anti-aging boost. Infused with aromatic spices of ginger and orange which also revive the senses.

### **Sun Soother Body Wrap**

Although designed to ease and heal sunburned skin, this wrap is a delightfully refreshing treatment that delivers hydrating, balancing, anti-inflammatory and healing properties to any skin. Our cooling scalp massage and soft application of soothing moisturizer will leave your skin soft and supple.

### **Beyond Organic Biodynamic Facial**

Go a step beyond organic with a facial using products featuring ingredients harvested at peak potency for the most effective natural results. Hypoallergenic, and suitable for even the most sunburned or sensitive of skin types, these ingredients promote cellular repair whilst gentle facial massage techniques relieve facial tension and dramatically improves the health of your skin.



SLEEP AND  
DEEP RELAXATION

## **SLEEP AND DEEP RELAXATION**

Presenting you with multiple ways to unwind the muscles and mind.

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### **Mindful Dreams Ritual** | 60 or 90 min

Offering you a heightened sense of relaxation. This powerful sleep encouraging experience includes a guided meditation and chakra balancing. Followed by a face, scalp and full body massage incorporating Hawaiian Lomi Lomi and Balinese techniques, with the use of lavender and rosemary essences.

Our 90-minute experience also includes a soothing foot soak ritual and meditative sound bowl sequence to conclude your journey.

### **Deep Muscle Melter Massage** | 60 or 90 min

Alleviate muscle tension and muscular stress with this moderate to firm therapeutic massage with our warming Seaweed oil. This massage employs deep manipulation of strategic muscle groups to renew vitality and restore energy.

### **Lavender Sleep Cocoon** | 60 min

Our delicious seaweed based sugar scrub of relaxing lavender and detoxifying rosemary will induce you into a state of bliss. We then cocoon you in a lavender body butter to penetrate the skin while we perform a luxurious scalp massage.

### **Biodynamic Hot Oil Massage and Envelopment** | 90 min

A sumptuous relaxation massage with heated salt stones followed by a warming application of lustrous body oil infused with deeply sedative Biodynamic® passionflower essences that penetrates deep into the skin with help of a secure and comforting cocoon with a weighted blanket to induce deep relaxation. Complimented by a tension-relieving neck and scalp massage.



HAMMAM  
JOURNEYS

## HAMMAM JOURNEYS

Our private Hammam Suite offers you the luxury of experiencing the ultimate mind body experience on the warm stone.

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### **Sea Botanical Journey** | 120 min

A complete wellness experience featuring sea-fresh aromatic blends of rosemary, eucalyptus and lavender. A unique oil-to-foam enzymatic body exfoliation instantly smooths and perfects the skin leaving you with immediate radiance. An invigorating body brushing encourages the lymphatic system and prepares the skin to drink the benefits of mineral-rich sea fennel loaded with copper, magnesium, iron and potassium promotes cellular regeneration and increase your vitality. A fathoms deep cocooning of red algae cream combined with French cotton thistle provides intensive moisture and supports regeneration of the skin's protective barrier. Conclude your experience with a personalized massage with fortified botanical oils to dispel tension encourage energy flow.

A silhouette of a man stands on a beach, looking out at the ocean during a sunset. The sun is low on the horizon, creating a warm, golden glow that reflects on the water and the wet sand. The man is positioned on the left side of the frame, with his right hand raised to his forehead. The overall mood is serene and contemplative.

GENTLEMAN'S  
WELLBEING  
EXPERIENCES

## GENTLEMAN'S WELLBEING EXPERIENCES

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### **Gentleman's Wellbeing Massage**

Whether the aim is relaxation, sports recovery, deep therapeutic or a combination of many modalities, this is an experience truly created with a man in mind. Enlivening aromatherapy with targeted bodywork at your preferred pressure.

### **Gentleman's Performance Facial**

Tailored for a man's specific anti-aging skin care needs, this treatment includes deep cleansing and exfoliation to remove impurities from the skin, which over time, causes a dull and aged appearance. A series of hot + cold towels and detoxifying clay and algae mask will reduce the appearance of fatigue, lines and wrinkles leaving your skin rebalanced, smooth and energized.

### **Gentleman's Wellbeing Pedicure**

Not just a traditional pedicure. As well as general maintenance of the skin and nails; our Gentlemans Wellbeing Pedicure includes an invigorating exfoliation, nourishing foot mask enveloped in a warm steamed towel cocoon and is finished with a deeply relaxing foot and hand pressure point massage.

PRENATAL BODY AND  
FACIAL EXPERIENCES





## PRENATAL BODY AND FACIAL EXPERIENCES

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### **Babymoon Massage**

Nurture your body and uplift your spirit during this momentous time with a relaxing massage using pure, vegan and cruelty-free body care and advanced body positioning system designed to provide a comfortable pre-natal massage experience.

### **Natal Facial**

Enhance your “pregnancy glow” with a relaxing facial utilizing biodynamic skin care products void of all synthetics and chemicals. This facial is especially beneficial during and after pregnancy when your skin can be the most sensitive. Look and feel your best after an ultra-nutritive skincare treatment that includes a chamomile facial steam to enhance a sweet clover mask and soothing calendula moisturizer.

A close-up photograph of a woman's face, focusing on her forehead and closed eyes. Her skin is fair with some minor blemishes and freckles. Her dark hair is pulled back, and her eyes are closed, suggesting a state of relaxation or a facial treatment. The lighting is soft and even, highlighting the texture of her skin. The text "HOLISTIC AND PERFORMANCE FACIAL EXPERIENCES" is overlaid in the center of the image in a white, sans-serif font.

HOLISTIC AND PERFORMANCE  
FACIAL EXPERIENCES

## HOLISTIC AND PERFORMANCE FACIAL EXPERIENCES

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### High Vibrations Holistic Facial

Treat your skin with the natural sources of anti-oxidant packed organic skin care products. Our skin care experts combine the healing properties of nature with classic European-style techniques to customize a facial experience that is uniquely you. The use of warm + cold facial wands encourages expansion and constriction of blood vessels, which increases detoxification and intensifies delivery of nutrients. With the incorporation of the highest grade of organic ingredients and our signature herbal facial steam, this facial will to deliver the best natural results for your complexion.

### Caymanian Hydrating Coconut Facial

This ultra-hydrating facial is what you need to smooth, plump and quench dehydrated skin. Highlighting a double coconut oil cleanse, refining mangosteen 10% lactic peel, nourishing coconut cream mask and our tropical coconut herbal facial steam; your skin will undoubtedly feel quenched and renewed.

### The Departure Facial

This recovery facial is the perfect finish to your well-deserved time away to a tropical paradise. An exclusive formula peel with a unique blend of AHA's work from the inside out to target inflammation, dry and oily skin, enlarged pores, sun damage, and lackluster tone.

### Vitamin "Sea" Facial

Say goodbye to signs of premature aging caused by dehydration, sun exposure, and environmental pollutants with this super-charged antioxidant facial and triple exfoliation. A 20% stable vitamin C concentrate serum and cell-plumping soybean mask, create an extraordinary brightening effect to help combat hyperpigmentation and age spots. This hyper-corrective combination helps reveal noticeably smoother skin texture and balanced tone.

### **Personalized High Performance Facial**

This elevated treatment targets, supports and enhances the natural physiology of your skin. Completely customized for your specific needs, this facial allows your beauty therapist to select from ultra-potent formulations and targeted active ingredients of hyaluronic acid, marine collagen and powerful peptides that hydrate, lift, detoxify, soothe and reactivate skin cells, improving skin elasticity and providing face-lifting, cellular level renewal. With hot and cold towel compresses, this experience features a profoundly relaxing ritual and reveals your best, most ageless skin. Complete your service with a surge of 3,000IU dose of wild marine collagen, creatively infused into a delicious elixir.

### **HydraFacial® Technology Facial**

The HydraFacial® uses advanced technology to renew and regenerate skin. You can expect a thorough resurfacing procedure, a deep pore cleansing, and an ultra-hydration infusion that brings you back to an undamaged, clean, and revitalized appearance. This highly effective and results-driven facial is non-irritating and perfect for all skin types. Especially recommended prior to any special occasion when you want to look your absolute best.

### **Perk® Eye Treatment**

An innovative way of maintaining eyelid skin health by gradually reducing puffy eyelids and under-eye circles.

15 min | \$70 USD

### **Perk® Lip Treatment**

Gently exfoliates, deeply nourishes, and plumps the lips.

15 min | \$60 USD

### **Red Light Therapy**

LED technology naturally reduces fine lines and wrinkles.

20 min | \$50 USD



ABBREVIATED  
MOMENTS

## **ABBREVIATED MOMENTS**

In this fast-paced world, be sure to make time for yourself and enjoy a moment of calm.

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### **Island Glow Express Facial**

A refreshing deep cleanse, professional peel exfoliation, a revitalizing herbal facial steam and specific ampules for your skin-type are perfect for those short on time or a transformative addition to any spa day. \*does not include extractions

30 min | \$150 USD

### **Tension Reliever**

A targeted-area customized massage with lasting muscular relief to improve your overall well-being.

30 min | \$135 USD

### **Beach Feet**

Let us tend to your tired and aching feet. A revitalizing foot scrub exfoliation and hot towel compress, followed by a soothing foot massage to increase circulation and harmonize all systems of the body.

30 min | \$135 USD

### **Seafire Head + Shoulder Massage**

Incorrect posture and cranial tension brought on by everyday stress can cause irritability, headaches, and neck pain.

30 min | \$135 USD

### **Immune Boosting Lymphatic Body Brushing**

A wonderful express service or addition to any facial or body experience. Boost your immune system with a soothing application of organic Fair Trade Certified coconut oil and lymphatic body brushing. Continue this healthy ritual at home with included full-sized self-care kit!

30 min | \$150 USD

An aerial photograph of ocean waves, showing a thick line of white foam and turquoise water against a darker teal background. The text is centered in the lower half of the image.

SPECIAL EFFECTS  
AND ENHANCEMENTS

## **SPECIAL EFFECTS AND ENHANCEMENTS**

Personalize your massage experience with a variety of treatment enhancements with no additional time needed.

\$30 USD each

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### **Hydrating Hair + Scalp Treatment**

This ultra-hydrating warm Coconut oil treatment will deeply moisturize your locks from scalp to ends while a pressure-point scalp massage eases cranial tension.

### **Salt-Stone Therapy**

The addition of warm salt stones to your massage on targeted areas of the body for added heat therapy and tension relief.

### **Hydrating Eye Lift**

Nutrient-packed collagen gel eye masks infused with hyaluronic acid to diminish dark circles and help to erase fine lines.





HAND AND FOOT  
TREATMENTS

## **HAND AND FOOT TREATMENTS**

Enjoy one of our signature hand and foot rituals in the luxury of our nail salon. Sip on a cup of our premium botanical tea and enjoy relaxing music or a complimentary podcast on our meditation iPads.

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## **MANICURES AND PEDICURES**

### **Classic Manicure and Pedicure**

A luxurious resort-style spa nail service that includes a soak, exfoliation and luxurious massage, cuticle care, nail shaping and application of vegan, hypoallergenic, non-toxic nail polish, free of formaldehyde and toxic preservatives and chemicals.

### **Salt Stone Manicure and Pedicure**

An enhanced Classic manicure or pedicure including a relaxing massage with warm salt stones that provide instant penetrating heat and deep relaxation.

### **Seafire Signature Nourishing Manicure and Pedicure**

Our most deeply hydrating manicure pedicure experience promotes healthy nails, hands and feet. Especially great for sensitive skin, it features luxurious unscented products containing nourishing probiotics and a non-paraffin hydration treatment with 100% certified organic shea butter infused with biodynamic flower essences. Our signature massage includes a sequence of pressure points that promote relaxation and circulation leaving you nourished and balanced.

### **Gel Polish Removal**

Please allow 25 min additional to any nail service for removal

## **HAND AND FOOT ENHANCEMENTS**

Personalize your manicure pedicure experience with a variety of treatment enhancements with no additional time needed

\$30 USD each

### **Salt Stone Therapy**

The specialized use of warm crystalline salt stones will re-mineralize depleted cells, soothe away physical tension, and balance your central nervous system.

### **Detoxifying Foot Treatment**

A special blend of tea tree, lavender and warm coconut oil is lightly massaged into overexposed feet then wrapped, providing anti-fungal and anti-inflammatory benefits.

### **Hydrating Eye Lift**

Nutrient-packed collagen gel eye masks infused with hyaluronic acid to diminish dark circles and help to erase fine lines.

### **Collagen Hand treatment**

While you enjoy your pedicure we apply our high performance collagen treatment to stimulate cell renewal and leave delicate skin plump and renewed.

## **EXPRESS SALON SERVICES**

30 MIN | \$60 USD

### **Callus Treatment**

A luxurious treatment with immediate results. Remove hard, callused skin leaving your feet feeling soft and revitalised.

### **Mini Manicure**

A luxurious and abbreviated manicure includes a complete filing, cuticle tidying and polish change.

### **Mini Pedicure**

A luxurious and abbreviated pedicure includes a complete filing, cuticle tidying and polish change.

### **Beach Feet**

A revitalizing foot exfoliation and hot towel compress, followed by a soothing foot massage to increase circulation and harmonize all systems of the body.

\*Express Salon Services do not include use of spa facilities unless added to a full service.

## CANCELLATIONS

Cancellations must be made in advance of 24 hours of the appointment time to avoid a fee equal to the full value of the service. Missed appointments will be charged in full. All prices are subject to change.

## AGE REQUIREMENT

SPA at Seafire is open for services to guests 16 years of age and older. All guests under age 18 must be accompanied by an adult and may only receive services if chaperoned by a parent. To use Spa facilities guests must be over the age of 18 years old.

## GRATUITY

For your convenience, a 20% service charge will be added to all Spa and Salon services.

SPA

A T S E A F I R E